

January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 New Year's Day - Church Office Closed	2
3 Epiphany 8:30 AM Pastor's Class 9:30 AM Worship - Communion 9:45 AM Sunday School 10:45 AM Sunday School Teachers' Meeting & Board of CE	4 7:00 PM Men's Basketball	5 8:00 AM Landscaper 9:00 AM Staff Meeting 10:30 AM Bible Study - Peace Village	6 7:00 AM Land- scapers, Garden- ers, Volunteers 8:30 AM Foundation Meeting - Pastor's Study 9:30 AM Crafters & Quilters 1:00 PM Bible Study - Sunday School Room 2:00 PM Worship Ser- vice - Peace Village	7 10:00 AM Bible Time - Sanctuary 12:00 PM Brown Bag Bible Study - Residences 7:30 PM Choir 7:30 PM Overeaters Anonymous - FLC	8 Tower Hill - College Age	9 Tower Hill - College Age
10 Tower Hill - College Age 8:30 AM Pastor's Class 9:30 AM Worship - Faith Presentation Brendan and Ryan Reed 9:45 AM Sunday School 10:45 AM New Acolyte Training	11 7:00 PM Men's Basketball	12 8:00 AM Landscaper 9:00 AM Staff Meeting 10:30 AM Bible Study - Peace Village	13 7:00 AM Landscapers, Gardeners, Volunteers 9:30 AM Crafters & Quilters 1:00 PM Bible Study - Sunday School Room 6:00 PM First Year Confirmation Class 6:00 PM Youth Group	14 10:00 AM Bible Time - Sanctuary 12:00 PM Brown Bag Bible Study - Residences 7:30 PM Choir 7:30 PM Overeaters Anonymous - FLC	15 11:30 AM J.O.Y. Group	16
17 8:30 AM Pastor's Class 9:30 AM 2nd Year Confir- mands worship at Our Lady of the Woods 9:30 AM Worship 9:45 AM Sunday School 11:00 AM All Church Ice Skating	18 10:00 AM Youth Service Project - Church Clean up 7:00 PM Men's Basketball	19 8:00 AM Landscaper 9:00 AM Staff Meeting 10:30 AM Bible Study - Peace Village 7:00 PM Alzheimer's Support Group	20 7:00 AM Landscapers, Gardeners, Volunteers 9:30 AM Crafters & Quilters 1:00 PM Bible Study - Sunday School Room 6:00 PM First Year Confirmation Class 6:00 PM Youth Group	21 10:00 AM Bible Time - Sanctuary 10:00 AM Messenger Helpers 12:00 PM Brown Bag Bible Study - Residences 7:30 PM Choir 7:30 PM Overeaters Anonymous - FLC	22 10:00 AM Messenger Helpers	23 3:00 PM Cook for Night Ministry 5:00 PM Leave for Night Ministry
24 8:30 AM Pastor's Class 9:30 AM Worship - Faith Presentation by Adam Gleisner 9:45 AM Sunday School	25 Cluster #5 7:00 PM Men's Basketball	26 Lieline Screening - Zion Hall 8:00 AM Landscaper 9:00 AM Staff Meeting 10:30 AM Bible Study - Peace Village 6:30 PM Worship Committee	27 7:00 AM Landscapers, Gardeners, Volunteers 9:30 AM Crafters & Quilters 1:00 PM Bible Study - Sunday School Room 6:00 PM First Year Confirmation Class 6:00 PM Youth Group 6:30 PM Consistory Meeting 7:30 PM Trustee Meeting	28 10:00 AM Bible Time - Sanctuary 12:00 PM Brown Bag Bible Study - Residences 7:30 PM Choir 7:30 PM Overeaters Anonymous - FLC	29	30
31 8:30 AM Pastor's Class 9:30 AM Worship - Tim Whalen Faith Presentation 9:45 AM Sunday School						

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27	28	29	30	31		

S	M	T	W	T	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

Birthday Greetings

January, 2010

January 1

Daniel Cox
Fern Eason
Kathleen Krauss
Richard Rowley

January 2

George Corbitt
Kenneth Ochsenhofer
Emil Pratscher
Kathleen Voboril

January 3

Jillian Jerry
Donald Stille

January 4

Erin Brown
Corey Puckett

January 5

Teresa Haseltine

January 6

Carmen Vondrak

January 7

Rachel Leffring

January 8

Lynda Junge

January 9

Adam Denton
Gilbert Gleisner
Helen Lisak
Kellyn Maguire
Charlotte McCarthy
George Schury

January 10

Terry Johnson
Kelly Kirscher

January 11

Donna Cochonour
Melodee Leimnetzer

January 12

Robert Smolik

January 13

Lorraine Grand
Raymond Kujawa
Josie Pasit

January 14

Abigail Higgins

January 15

Robert Anderson
Daniel Blaser

January 16

Steven Becvar

January 17

Shirley Hummel
Taylor Welcome

January 18

Dorothy Halwachs
Carolyn Stasiof

January 19

Jake Adams

Emily Kukla

January 20

Helen Espinoza
Jan Kruse
Dexter Schneider
Scott Stille

January 22

Ruth Brueggeman

January 23

Ardes Johnson
Joanne Meyers

January 24

Dorothy Johnson

January 25

Brendan Reed
Ryan Reed

January 27

Emma Wehofer

January 31

Kurt Fryzek
Alison Kruse

FREE College Tower Hill Retreat

This is a FREE Tower Hill trip for anyone that is college age! Everyone remembers the good times at Tower Hill and this is a chance to relive some old memories and to make new ones. We will be playing some of the games that you know and some new ones too. We will be going down to the lake and playing on Mt. Baldy and have devotions lead by Pastor Todd and Pastor Shana. If anyone has any questions please contact Chris Fryzek. We will be leaving PMC at 10am on Friday the 8th and returning home BY 10am on Sunday the 10th. This way everyone has enough time to get back to class.

SUNDAY MORNING VOLUNTEERS

January 2010

BUS DRIVERS

Jan. 3-Chip Adams
10-Tom Bockmann
17-Joe Lukanus
24-Jim Dorencz
31-John Robbins

ACOLYTES

Jan. 3-Nicole Gleisner, Elyse Marks
10-Abigail Whalen, Adam White
17-Braidy Adams, Derek Hevel
24-David Kukla, Mason Maguire
31- Eric Przybylski, Adam White

PEACE CAFE

Jan. 3-Adams Family
10-Abby Bean, Stacy Pratscher
17-Terry Johnson, Jason Tooth
24-Denton Family
31-Karen Fryzek, Marcus Nestor

COFFEE HOUR VOLUNTEERS

Jan. 3-Elenore Chase, Ruth Drobitch, Debra Skowron
Ron & Sharon Kozinski, Wally Krug
Eileen Horosinski, Jean & Harold Krug
10-Jayne & Rick Przbilski, Lori Mason
Linda Metz, Bonnie Webster
17-Carmen & Jim Vondrak, Chip Adams
Karen Fryzek, Ruth Kercja
24-Jean Buck, Jo Ann Peterson
Betty Urbauer, Joanne Swinarski, Elaine Chabitch
31-Carol Landow, Pat & Ed Baker
Cindy & Alan White, Linda Carlson

ALTAR GUILD

Jan. 3 – Communion Setup and Cleanup
Joanne Swinarski, Cheryl Puhr,
Nancy Leffring, Carmen Vondrak
10 – Joanne Bockmann, Ellen Starace
17 – Judi Lisak, Jan Kruse
24 – Joanne Swinarski, Cheryl Puhr
31 – Marilyn Tebbens, Jan Kruse

USHERS

Jan. 3-Communion: **Capt. John Urbauer;** Gary Kwiatkowski, Brian Nolan, Harvey Leffring,
Joe Lukanus, Diane Oremovich, C.J. Pratscher II, C.J. Pratscher III, Jack Puckett, Bruce Puhr,
Leon Reinhart, Carol Ritter, John Robbins
10-**Capt. Harvey Leffring;** Harvey Krug, Tom Russian, David Skala, Scott Stille, Betty Urbauer,
Joe Urbauer, John Urbauer, William Urbauer
17-**Capt. Paul Gross;** Pat Whalen, Alan White, Cindy White, Chip Adams, Bill Blaser, Karen Blaser,
Russ Blaser, Joanne Bockmann, Jim Bridges, Jim Dorencz,
24-**Capt. Gary Kwiatkowski;** Earl Eason, Chris Ferrantelli, Gil Gleisner, Paul Gross, Chris Higgins,
Wayne Hoefler, Don Hummel, Jim Keyser, Brian Koch, Keith Koch
31-**Capt. Carmen Vondrak;** Gary Kwiatkowski, Brian Nolan, Joe Lukanus, Diane Oremovich,

GREETERS

Jan. 3-Bill & Darlene Trent, Chris Ferrantelli
Narthex Doors-Patti Nemecek
Christian Education Doors-Jean Buck
10-Evelyn & Gil Gleisner, Eleanor Dorman, Pat & Ed Baker
Narthex Doors-Beverly Wehofer, Ethel Koch
Christian Education Doors-Carol Ritter
17-Loretta Froebel, Phyllis Karner
Narthex Doors-Rose & Joe Signore
Christian Education Doors-Chris Ferrantelli
24-Patti Nemecek, Betty Urbauer
Narthex Doors-Pat & Ed Baker
Christian Education Doors-Eleanor Dorman
31-Loretta Froebel, Charlotte Schwartz, Gil & Evelyn Gleisner
Narthex Doors-Carmen & Joe Urbauer
Christian Education Doors-Jean Buck

SOUND OPERATORS

Jan. 3-Wayne Hoefler, Tom Bockmann
10-Joe Ferrantelli, Matt Hoefler
17-Matt Hoefler, Wayner Hoefler
24-Joe Ferrantelli, Bill Jerry
31-Wayne Hoefler, Carl Pratscher

INFORMATION CENTER

Jan. 3-Rick & Jane Przybylski
10-Jerry & Joan Topel
17-Amy & Jim Hevel
24-Brian & Ethel Koch
31-Sandy Azzarello

SUNDAY MORNING VOLUNTEERS
February 2010

BUS DRIVERS

Feb. 7—Rich Voboril
14—Tom Bockmann
21—Jim Dorencz
28—Pat Whalen

ACOLYTES

Feb.7-Braidy Adams, Autumn
Fijolek
14-Abigail Whalen,
Adam White
17-Ash Wed. 7PM
Derek Hevel, Eric
Przybylski

PEACE CAFÉ

Feb.7-Gleisner Family
14-Theresa Boone,
Marcus Nestor
21-Braidy Adams,
Chip Adams
28-David and Linnea Johnson

USHERS

Feb. 7—Communion: **Capt. Paul Gross**; Carol Ritter, John Robbins, Tom Russian, Dave Skala, Don Stille, Scott Stille, Joe Urbauer, John Urbauer, William Urbauer, Carmen Vondrak, Alan White, Cindy White
14—**Capt. John Urbauer**; Betty Urbauer, Pat Whalen, Chip Adams, Bill Blaser, Russ Blaser, Karen Blaser, Joanne Bockmann, Jim Bridges, Jim Dorencz, Earl Eason
17—Ash Wed. 7:30 p.m. Communion: **Capt. Gary Kwiatkowski**; Chris Ferrantelli, Gil Gleisner, Paul Gross, Chris Higgins, Wayne Hoefler, Don Hummel, Brian Koch, Keith Koch
21—**Capt. Harvey Leffring**; Jim Keyser, Harold Krug, Gary Kwiatkowski, Brian Nolan, Bruce Puhr, Joe Lukanus, Diane Oremovich, Nadine Powers, C.J. Pratscher II, C. J. Pratscher III
28—**Capt. Carl Pratscher II**; Jack Puckett, Leon Reinhart, Carol Ritter, John Robbins, Tom Russian, Dave Skala, Don Stille, Joe Urbauer, Betty Urbauer

COFFEE HOUR VOLUNTEERS

Feb.7 - Jayne & Rick Przybylski, Lori Mason,
Linda Metz, Bonnie Webster Linda Metz,
Bonnie Webster Linda Metz, Bonnie Webster
Karen Fryzek, Ruth Kercja
14 - Carmen & Jim Vondrak, Chip Adams
21 - Jean Buck, Jo Ann Peterson
Betty Urbauer, Joanne Swinarski, Elaine Chabitch
28 - Carol Landow, Pat & Ed Baker,
Cindy & Alan White, Linda Carlson

ALTAR GUILD

Feb.7 – Communion Setup and Cleanup
Joanne Swinarski, Cheryl Puhr,
Judi Lisak, Joanne Bockmann
14 – Carmen Vondrak, Nadine Powers
17 – Ash Wednesday-Wed. Volunteers Etc.
21 – Nancy Leffring, Jan Kruse
28 – Marilyn Tebbins, Ellen Starace

GREETERS

Feb.7 - Bill & Darlene Trent, Eleanor Dorman, Chris
Ferrantelli
Narthex Doors-Jean & Harold Krug
Christian Education Doors-Jean Buck
14 - Patti Nemecek, Betty Urbauer
Narthex Doors-Pat & Ed Baker
Christian Education Doors-Carol Ritter
21 - Karen & Bill Blaser, Evelyn & Gil Gleisner
Narthex Doors-Beverly Wehofer, Ethel Koch
Christian Education Doors-Jean Buck
28 - Mary Lou Skala, Lila Jackson, Charlotte Schwartz
Narthex Doors-Joanne Swinarski, Phyllis Karner
Christian Education Doors-Jean Buck

SOUND OPERATORS

Feb.7 - Joe Ferrantelli, Tom Bockmann
14 - Bill Jerry, Matt Hoefler
21 - Herb Mueller, Wayner Hoefler
28 - Tom Bockmann, Carl Pratscher

INFORMATION CENTER

Feb.7 - Nancy & Harvey Leffring
14 - Diane Oremovich
21 - Jerry & Joan Topel
28 - Dan & Nadine Powers

PEW CREW

Feb.- Carmen Vondrak
Jackie Schulien

4 facts YOU need to know

about stroke prevention

- 80% of stroke victims had no apparent warning signs.
- Ultrasound screenings can help you avoid a stroke:
- Stroke is a leading cause of death and permanent disability.
- Screenings are fast, painless, affordable and convenient.

A stroke screening is coming to your neighborhood:

Where: Palos Park - Peace Memorial Church

When: Tuesday, January 26, 2010

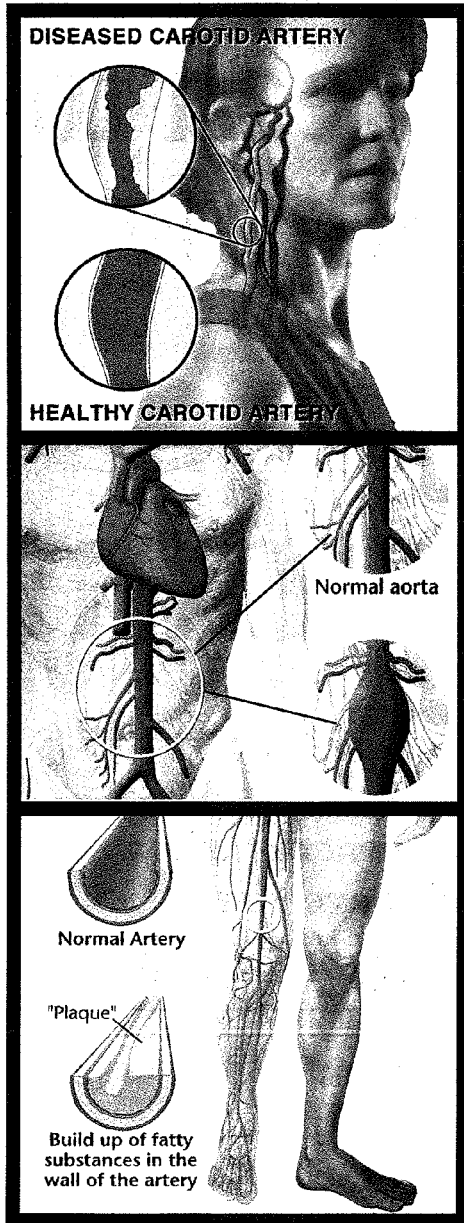
Pre-registration is required. Call: 1-800-324-1851

Source Code:ISC-6494

www.LifeLineScreening.com

LIFE LINE  SCREENING
The Power of Prevention
A-10/10
A-10/10

We Can Help You Avoid a Stroke



Trusted by Hospitals Nationwide

Life Line Screening has partnered with over 370 hospitals across the country and has screened over 5 million participants. Why? Because the ultrasound screenings that we offer can help save your life.

1 Stroke/Carotid Artery Screening

Ultrasound evaluation of the carotid arteries that screens for buildup of fatty plaque – the leading cause of strokes.

2 Heart Rhythm Screening (Atrial Fibrillation)

Painless 6 lead EKG that can detect an irregular heart rhythm. Atrial fibrillation increases the risk of stroke 5 times.

3 Abdominal Aortic Aneurysm Screening

Ultrasound is used to screen for the presence of an aneurysm in the abdominal aorta that could lead to a ruptured aortic artery.

4 Peripheral Arterial Disease Screening

Evaluates for peripheral arterial disease (plaque buildup) in the lower extremities. It is 4-5 times more likely you will die from heart disease if you have peripheral arterial disease.

5 Osteoporosis Screening

An ultrasound measurement of the heel bone to determine abnormal bone mass density. Osteoporosis is painless and silent in its early stages.

**Stroke, Vascular Disease & Heart Rhythm Package;
all 4 tests for only \$139**
**Add an osteoporosis screening for \$10 more;
all 5 tests for \$149 (\$66 savings!)**

You will receive your results in 21 days. Our screenings cannot detect all forms of stroke and heart disease and do not replace regular contact and follow up with your physician. Screenings in Kansas are performed by Life Line Screening of America, LLC on behalf of Life Line Screening Physicians, P.A.

Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of these screening services is not reimbursable by Medicare. Life Line Screening does not file insurance claims.

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A-K 08/08 Afb